

My Body and Sense Organs

Science · Class 1 · Topic-wise Practice Worksheet

TIME 30 minutes	QUESTIONS 15	TOTAL MARKS 18	MAX. SCORE ___ / 18
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Name: _____ Class/Sec: _____ Date: _____

INSTRUCTIONS

- There are **15 questions**. Answer all of them.
- Each question has four choices — (A), (B), (C) and (D). Only **one** is correct.
- Questions 1–12 carry **1 mark** each. Questions 13–15 carry **2 marks** each.
- There is no negative marking. Look at every picture carefully.

Section A — My Five Senses

Q1–Q8 · 1 mark each

1. We **see** with our _____.

(A) Eyes

(B) Ears

(C) Nose

(D) Tongue

2. We **hear** sounds with our _____.

(A) Hands

(B) Ears

(C) Eyes

(D) Skin

3. We **smell** a flower with our _____.

(A) Eyes

(B) Tongue

(C) Nose

(D) Ears

4. We find out whether food is sweet or salty with our _____.

(A) Fingers

(B) Teeth

(C) Nose

(D) Tongue

5. How do we know that ice is cold?

(A) By touching it with our skin

(B) By looking at it

(C) By hearing it

(D) By smelling it

6. How many sense organs do we have?

(A) Two

(B) Five

(C) Four

(D) Three

7. How many fingers are there on **one** hand?

(A) Four

(B) Six

(C) Five

(D) Ten

8. We chew our food with our _____.

- (A) Hair
- (C) Eyes

- (B) Ears
- (D) Teeth

Section B — Taking Care of Myself

Q9–Q12 · 1 mark each

9. Which sense organ is labelled **R** in the picture?

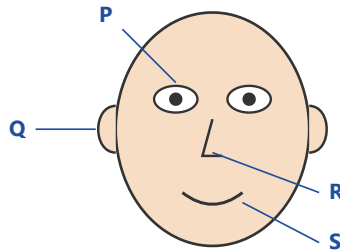


Fig. 9.1 — A face

- (A) Nose
- (C) Eye

- (B) Ear
- (D) Mouth

10. How many times a day should we brush our teeth?

- (A) Never
- (C) Once a week

- (B) Twice a day
- (D) Only when they hurt

11. Why should we wash our hands before eating?

- (A) To make them wet
- (C) To remove germs and dirt

- (B) To make them cold
- (D) To make them soft

12. Which of these is a **good** habit?

- (A) Sleeping very late every night
- (C) Eating with dirty hands

- (B) Biting your nails
- (D) Taking a bath every day

Achievers Section

Q13–Q15 · 2 marks each

13. Amit closes his eyes and someone gives him a lemon slice to taste. Which **two** sense organs help him know it is a lemon?

- (A) Tongue and nose
- (C) Skin and ears

- (B) Eyes and ears
- (D) Eyes and skin

14. Which of these correctly matches a sense organ with what it does?

- (A) Ear — tastes food
- (C) Nose — helps us hear

- (B) Skin — tells us if something is hot or cold
- (D) Eye — helps us smell

15. A boy has a bad cold and his nose is blocked. Food tastes dull to him. Why?

- (A) Because his tongue has stopped working
- (C) Because smell helps us enjoy the taste of food

- (B) Because he is not hungry
- (D) Because the food has gone bad

Answer Key

1	A	2	B	3	C	4	D	5	A
6	B	7	C	8	D	9	A	10	B
11	C	12	D	13	A	14	B	15	C

Solutions

1. **Answer: (A)** Eyes
Our **eyes** let us see colours, shapes and everything around us.
2. **Answer: (B)** Ears
Our **ears** catch sounds, so we can hear music, voices and the ringing of a bell.
3. **Answer: (C)** Nose
Our **nose** tells us whether something smells sweet or bad. We also breathe through it.
4. **Answer: (D)** Tongue
Our **tongue** is the organ of taste. It tells us if food is sweet, salty, sour or bitter.
5. **Answer: (A)** By touching it with our skin
Our **skin** is the organ of touch. It tells us whether something is hot, cold, soft, hard, rough or smooth.
6. **Answer: (B)** Five
We have **five** sense organs — eyes, ears, nose, tongue and skin.
7. **Answer: (C)** Five
One hand has **five** fingers, so both hands together have ten.
8. **Answer: (D)** Teeth
Our **teeth** bite and grind food into small pieces so that we can swallow it easily.
9. **Answer: (A)** Nose
R points to the **nose**, in the middle of the face. P is the eye, Q is the ear and S is the mouth.
10. **Answer: (B)** Twice a day
We should brush **twice a day** — once in the morning and once before going to bed. This keeps our teeth clean and free of decay.
11. **Answer: (C)** To remove germs and dirt
Our hands pick up dirt and tiny germs that we cannot see. Washing with soap **removes germs and dirt** so they do not go into our body with the food.
12. **Answer: (D)** Taking a bath every day
Taking a bath every day keeps our body clean and healthy. The other three are bad habits that can make us ill.
13. **Answer: (A)** Tongue and nose
With his eyes shut he cannot see it. His **tongue** tastes the sour flavour and his **nose** smells the fresh lemon scent, so those two senses tell him what it is.
14. **Answer: (B)** Skin — tells us if something is hot or cold
The **skin tells us if something is hot or cold**, and also whether it is rough or smooth. The ear hears, the nose smells and the eye sees — so the other three are matched wrongly.
15. **Answer: (C)** Because smell helps us enjoy the taste of food
Taste and smell work together. When the nose is blocked we cannot smell the food, and **smell helps us enjoy the taste of food**, so everything tastes dull. His tongue is working perfectly well.